

SIMPLY SPACED

A YEAR OF CLEAR

	GOALS	WHY	ACTION	DEADLINE	MENTAL BLOCKS
	What do you want to achieve?	Why is this important to you?	What steps will you take?	When will you achieve your goal?	Be honest, what are your excuses?
PERSONAL			<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 		
PROFESSIONAL			<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 		
HOME			<ol style="list-style-type: none"> 1. 2. 3. 4. 5. 		